



WISCONSIN EXPRESS

Interprofessional Teams | Culture | Community Health

2019 Program Announcement

Wisconsin Express is a one week cultural immersion experience designed to give health professions students an opportunity to study firsthand the diverse local and regional healthcare innovations and challenges in Wisconsin communities.

Multidisciplinary groups of 6-12 students explore the region's cultural diversity and healthcare, developing strategies for intercultural and interprofessional effectiveness in healthcare practice. Throughout the week, participants have opportunities to reflect on and evaluate their experiences.

Spring Break	
March 17-22	BELOIT LADYSMITH
March 24-28	EAU CLAIRE

Summer	
May 19-24	ASHLAND GREEN BAY LANCASTER LA CROSSE MADISON
	MILWAUKEE MINOCQUA SHAWANO SHEBOYGAN WAUSAU

The 2019 program application deadline is Friday, February 8th, 2019
APPLY ONLINE: <http://www.ahec.wisc.edu/wisconsin-express>

Participant fee is \$210.

- Fee includes five nights of housing, most meals, group transportation by van, curriculum materials, and admissions to local museums/points of interest.
- **Housing:** Sites are residential; participants are required to stay all week in the housing provided. Having a roommate is part of the residential program and enhances the experience for all.
- **Transportation** is provided during the week. However, students are responsible for arranging their own transportation to arrive at the program site on the first day.

Activities vary by site and include:

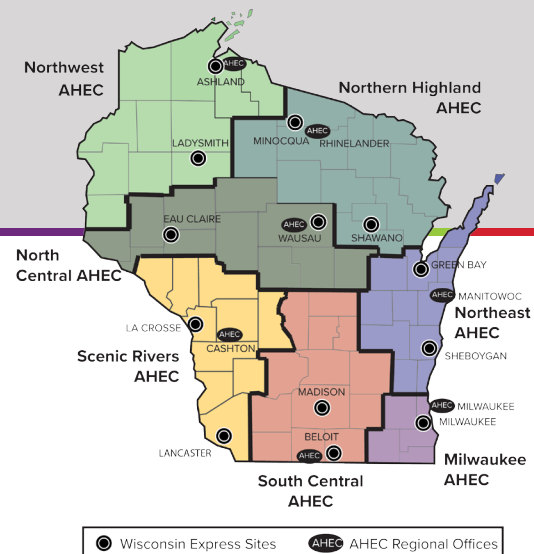
- Experiential and interactive learning in groups
- Participation in community activities
- Access to healthcare organizations behind the scenes
- Conversations about life in the community and region
- Interactions with public and primary health practitioners



CONTACT: Wisconsin Express Program Director:

Natalie E. Jaume | 608-265-2442 | wisconsinexpress@ahec.wisc.edu
 c/o Wisconsin AHEC; 4218c HSLC; 750 Highland Ave, Madison, WI 53705

2019 Wisconsin Express Program Sites



ASHLAND

RURAL FOCUS

Summer: 6 Students

The Ashland site gives students the opportunity to see a wide variety of rural health care settings, including women's health, acute care, public health, tribal clinics, and others in the Chequamegon Bay region. Students hear from a diverse group of practitioners who discuss the challenges and rewards of working in rural health and providing culturally appropriate care for Anishinaabe (Ojibwe) populations.

BELOIT

UNDERSERVED/UNINSURED MINORITY FOCUS

Spring Break: 6 Students

The Beloit/Janesville site offers students an opportunity to study and explore rural and urban issues related to health care and diversity in the region. Various organizations and health care disciplines offer students experiences focusing on the Hispanic, African American, uninsured/underinsured, homeless, and rural populations.

EAU CLAIRE

AGING FOCUS

Spring Break: 8 Students

The Eau Claire site will focus on caring for an elderly population, many of whom are veterans, have mental health disorders, or have chronic diseases. Students will visit hospitals/clinics, public health departments, aging and disability resource centers, nursing homes, and mental health/rehabilitation facilities. Students will also learn that as the population ages there is an ever-growing need for health care professionals in rural and underserved areas.

GREEN BAY

Summer: 6 Students

The Green Bay site offers students an opportunity to explore the diverse cultures in this area of the state, which include the Native American culture of the Oneida Nation and the Hispanic communities. Students also get first-hand experience with uninsured, underinsured, and homeless populations and spend time with health and social service providers.

LA CROSSE

Summer: 6 Students

The La Crosse site offers students a unique chance to explore the health care needs and challenges faced in the area. Students participate in a poverty simulation and volunteer at the Salvation Army. Students also experience the diverse health care in Amish populations and the Ho Chunk Native American community.

LADYSMITH

SOMALI FOCUS

Spring Break: 8 Students

The Ladysmith sites offer students an immersion opportunity to explore health care issues facing rural communities with an emphasis on Somali culture. Students visit free clinics, hospice programs, hospitals and others. In addition, program participants have an opportunity to do a service project to improve the medical supply needs of the county.

LANCASTER

INCARCERATION FOCUS

Summer: 6 Students

The Lancaster site offers students a first-hand opportunity to explore incarceration healthcare. Students will gain insights into the challenges and rewards of providing healthcare in this unique setting. The week will also explore rural Grant and Crawford counties focusing on income and geography's effects on health and access to healthcare. We will hear from community members, healthcare practitioners, and public health professionals.

MADISON

WOMEN'S HEALTH FOCUS

Summer: 6 Students

Participants explore issues facing women's health locally and globally and learn about health care programs and services available to women. Students tour public health and women's health centers in Madison and rural communities surrounding Dane County.

MILWAUKEE

URBAN FOCUS

Summer: 12 Students

At the Milwaukee site, students explore issues related to culture and health care access while interacting with a variety of health disciplines. Several community-based organizations host the team. Students interact with Milwaukee's Hispanic, African American, and Hmong communities and those who are homeless or participating in AODA programs. Students also interact with health professionals who work with underserved populations.

MINOCQUA

NATIVE AMERICAN FOCUS

Summer: 11 Students

The Minocqua site offers students opportunities to consider health care issues facing rural and Native American communities in the Northern Highland region of Wisconsin. Students explore key health concerns such as chronic illness, obesity, substance abuse, and domestic/sexual violence. Students interact with a variety of professionals in this field.

SHAWANO

NATIVE AMERICAN FOCUS

Summer: 11 Students

Shawano offers a complete immersion into the Menominee Native American tribe. A historical perspective about termination and restoration is provided, along with an overview of health disparities affecting the community. Students learn how residents have been engaged and empowered to create change for their people.

SHEBOYGAN

HMONG FOCUS

Summer: 12 Students

Approximately 6,000 Hmong live in Sheboygan. A health needs assessment (2000) documented serious problems in health care access and health literacy in this population. The Hmong Community Center implemented a number of unique programs addressing these needs. Students enjoy a rich cultural experience gaining first-hand knowledge of Hmong history and cultural beliefs.

WAUSAU

AMISH AND MENNONITE FOCUS

Summer: 8 Students

The Wausau site offers students opportunities to learn about Amish and Mennonite culture and rural healthcare. Central Wisconsin has a significant Amish and Mennonite population in four counties. Students visit these communities to explore how respect for culture can interact with healthcare. They learn about the balance between cost of medical care and reduction of risk.